

Hyperbolic Functions - Exercises (43 pages ; 11/3/25)

(i) Prove, using exponential functions, that

(a) $\cosh^2 x - \sinh^2 x = 1$

(b) $\sinh 2x = 2 \sinh x \cosh x$

(ii) By differentiating the result from (i)(b), obtain an expression for $\cosh 2x$ in terms of $\cosh^2 x$ and $\sinh^2 x$

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Solution

(i)(a) As $\cosh x = \frac{1}{2}(e^x + e^{-x})$ & $\sinh x = \frac{1}{2}(e^x - e^{-x})$,

$$\cosh^2 x - \sinh^2 x = (\cosh x + \sinh x)(\cosh x - \sinh x)$$

$$= e^x \cdot e^{-x} = 1$$

(b) $2 \sinh x \cosh x = 2\left(\frac{1}{2}\right)(e^x - e^{-x})\left(\frac{1}{2}\right)(e^x + e^{-x})$

$$= \frac{1}{2}(e^{2x} - e^{-2x}) = \sinh 2x \quad (\text{by difference of 2 squares})$$

(ii) Differentiating $\sinh 2x = 2 \sinh x \cosh x$ gives

$$2 \cosh 2x = 2 \cosh x \cosh x + 2 \sinh x \sinh x$$

$$\Rightarrow \cosh 2x = \cosh^2 x + \sinh^2 x$$

- (a) Find the formula connecting $\tanh^2 x$ & $\operatorname{sech}^2 x$?
- (b) Find the formula connecting $\coth^2 x$ & $\operatorname{cosech}^2 x$?

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(b) Find the formula connecting $\coth^2 x$ & $\operatorname{cosech}^2 x$?]

Solution

From $\cosh^2 x - \sinh^2 x = 1$,

(a) divide by $\cosh^2 x$, to give $1 - \tanh^2 x = \operatorname{sech}^2 x$

(b) divide by $\sinh^2 x$, to give $\coth^2 x - 1 = \operatorname{cosech}^2 x$

If $x = \sinh u$, write $\sinh(4u)$ in terms of x

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Solution

$$\begin{aligned}\sinh(4u) &= 2 \sinh(2u) \cosh(2u) \\ &= 4 \sinh u \cosh u (\cosh^2 u + \sinh^2 u) \\ &= 4x\sqrt{1+x^2}(1+2x^2)\end{aligned}$$

Given that $\int \frac{1}{\sqrt{x^2 - a^2}} dx = \operatorname{arcosh}\left(\frac{x}{a}\right)$, and that

$\operatorname{arcosh} x = \ln (x + \sqrt{x^2 - 1})$, justify the writing of the integral as

$$\ln (x + \sqrt{x^2 - a^2})$$

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$\operatorname{arcosh} x = \ln(x + \sqrt{x^2 - 1})$, justify the writing of the integral as $\ln(x + \sqrt{x^2 - a^2})]$

Solution

$$\operatorname{arcosh}\left(\frac{x}{a}\right) = \ln\left(\frac{x}{a} + \sqrt{\frac{x^2}{a^2} - 1}\right) = \ln\left(\frac{x + \sqrt{x^2 - a^2}}{a}\right)$$

$= \ln(x + \sqrt{x^2 - a^2}) - \ln a$, which only differs from

$\ln(x + \sqrt{x^2 - a^2})$ by a constant

Find or prove the following:

(i) $\frac{d}{dx} \tanh x$

(ii) $\frac{d}{dx} \operatorname{arcosh} x = \frac{1}{\sqrt{x^2-1}}$

(iii) $\frac{d}{dx} \operatorname{artanh} x = \frac{1}{1-x^2}$

(iv) $\frac{d}{dx} \operatorname{sech} x$

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$$(ii) \frac{d}{dx} \operatorname{arcosh} x = \frac{1}{\sqrt{x^2-1}}$$

$$(iii) \frac{d}{dx} \operatorname{artanh} x = \frac{1}{1-x^2}$$

$$(iv) \frac{d}{dx} \operatorname{sech} x]$$

Solutions

$$\begin{aligned} (i) \frac{d}{dx} \tanh x &= \frac{d}{dx} \frac{\sinh x}{\cosh x} = \frac{\cosh x \cdot \cosh x - \sinh x \cdot \sinh x}{\cosh^2 x} \\ &= \frac{1}{\cosh^2 x} = \operatorname{sech}^2 x \end{aligned}$$

$$(ii) \text{ Let } y = \operatorname{arcosh} x, \text{ so that } \cosh y = x$$

$$\text{Then } \frac{dx}{dy} = \sinh y \text{ and } \frac{dy}{dx} = \frac{1}{\sqrt{\cosh^2 y - 1}} = \frac{1}{\sqrt{x^2 - 1}}$$

$$(iii) \text{ Let } y = \operatorname{artanh} x, \text{ so that } \tanh y = x$$

$$\text{and } \frac{dx}{dy} = \operatorname{sech}^2 y = 1 - \tanh^2 y = 1 - x^2$$

$$\text{Hence } \frac{d}{dx} \operatorname{artanh} x = \frac{1}{1-x^2}$$

$$\begin{aligned} (iv) \frac{d}{dx} \operatorname{sech} x &= \frac{d}{dx} (\cosh x)^{-1} = (-1)(\cosh x)^{-2} \sinh x \\ &= -\operatorname{sech}^2 x \cdot \sinh x \quad \text{or} \quad -\operatorname{sech} x \cdot \tanh x \end{aligned}$$

Solve the equation $5\cosh 2x + 3\sinh x = 6$,
giving your answers in exact logarithmic form.

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Solution

$$5\cosh 2x + 3\sinh x = 6 \Rightarrow 5(\cosh^2 x + \sinh^2 x) + 3\sinh x - 6 = 0$$

$$\Rightarrow 5(1 + 2\sinh^2 x) + 3\sinh x - 6 = 0$$

$$\Rightarrow 10\sinh^2 x + 3\sinh x - 1 = 0$$

$$\Rightarrow (5\sinh x - 1)(2\sinh x + 1) = 0$$

$$\Rightarrow \sinh x = \frac{1}{5} \text{ or } -\frac{1}{2}$$

$$\Rightarrow x = \operatorname{arsinh}\left(\frac{1}{5}\right) \text{ or } \operatorname{arsinh}\left(-\frac{1}{2}\right)$$

$$\Rightarrow x = \ln\left(\frac{1}{5} + \sqrt{\frac{1}{25} + 1}\right) \text{ or } \ln\left(-\frac{1}{2} + \sqrt{\frac{1}{4} + 1}\right)$$

$$\text{or } \ln\left(\frac{1}{5}(1 + \sqrt{26})\right) \text{ or } \ln\left(\frac{1}{2}(\sqrt{5} - 1)\right)$$

[It is possible to substitute these values into the equation, as a check.]

Using the logarithmic form of $\operatorname{arcosh} x$

($\operatorname{arcosh} x = \ln (x + \sqrt{x^2 - 1})$), prove that the derivative of

$\operatorname{arcosh} x$ is $\frac{1}{\sqrt{x^2 - 1}}$

[Using the logarithmic form of $\operatorname{arcosh} x$

($\operatorname{arcosh} x = \ln (x + \sqrt{x^2 - 1})$, prove that the derivative of $\operatorname{arcosh} x$ is $\frac{1}{\sqrt{x^2 - 1}}$]

Solution

$$\begin{aligned} \frac{d}{dx} \ln(x + \sqrt{x^2 - 1}) &= \frac{1}{x + \sqrt{x^2 - 1}} \cdot \left(1 + \frac{1}{2}(x^2 - 1)^{-\frac{1}{2}}(2x)\right) \\ &= \frac{1}{x + \sqrt{x^2 - 1}} \cdot \frac{1}{\sqrt{x^2 - 1}} (\sqrt{x^2 - 1} + x) \\ &= \frac{1}{\sqrt{x^2 - 1}} \end{aligned}$$

Show that $\operatorname{artanh} x = \frac{1}{2} \ln \left(\frac{1+x}{1-x} \right)$ ($|x| < 1$)

[Show that $\operatorname{artanh} x = \frac{1}{2} \ln \left(\frac{1+x}{1-x} \right)$ ($|x| < 1$)]

Solution

If $y = \operatorname{artanh} x$, then $\tanh y = x$ ($|x| < 1$)

$$\Rightarrow x = \frac{\frac{1}{2}(e^y - e^{-y})}{\frac{1}{2}(e^y + e^{-y})} = \frac{e^{2y} - 1}{e^{2y} + 1}$$

$$\Rightarrow x(e^{2y} + 1) = e^{2y} - 1$$

$$\Rightarrow e^{2y}(x - 1) = -1 - x$$

$$\Rightarrow e^{2y} = \frac{1+x}{1-x}$$

$$\Rightarrow y = \frac{1}{2} \ln \left(\frac{1+x}{1-x} \right) \quad (|x| < 1)$$

Show that $\operatorname{arcosh} x = \ln (x + \sqrt{x^2 - 1})$

[Show that $\operatorname{arcosh} x = \ln(x + \sqrt{x^2 - 1})$]

Solution

If $y = \operatorname{arcosh} x$, then $\cosh y = x$

$$\Rightarrow x = \frac{1}{2} (e^y + e^{-y})$$

$$\Rightarrow 2xe^y = e^{2y} + 1$$

$$\Rightarrow e^{2y} - 2xe^y + 1 = 0$$

$$\Rightarrow e^y = \frac{2x \pm \sqrt{4x^2 - 4}}{2} = x \pm \sqrt{x^2 - 1}$$

$$\Rightarrow y = \ln(x \pm \sqrt{x^2 - 1})$$

However, in order for $y = \operatorname{arcosh} x$ to be a function, the negative branch is suppressed (by restricting the domain of $\cosh x$ to non-negative values). And we can show that $\ln(x - \sqrt{x^2 - 1}) < 0$:

Method 1

Equivalently, we need to show that $x - \sqrt{x^2 - 1} < 1$; or that

$$x - 1 < \sqrt{x^2 - 1}$$

But $x - 1 = \sqrt{(x - 1)(x - 1)}$ (noting that the range of $\cosh x$, and hence the domain of $\operatorname{arcosh} x$, excludes $x < 1$)

and $\sqrt{(x - 1)(x - 1)} < \sqrt{(x - 1)(x + 1)} = \sqrt{x^2 - 1}$, as required

($y = \sqrt{x}$ is an increasing function,

so $x - 1 < x + 1 \Rightarrow \sqrt{x - 1} < \sqrt{x + 1}$)

[Alternatively, we can argue (slightly informally) that the difference between x^2 and $x^2 - 1$ (ie 1) is contracted by applying the square root function, so that $\sqrt{x^2} - \sqrt{x^2 - 1} < 1$]

Method 2

We expect the unrestricted $y = \operatorname{arcosh} x$ to be symmetric about the x -axis (as $y = \cosh x$ is symmetric about the y -axis). So we could show that $y = \ln(x \pm \sqrt{x^2 - 1})$ can also be written as

$y = \pm \ln(x + \sqrt{x^2 - 1})$, and then reject the negative branch as before.

So we want to show that $\ln(x - \sqrt{x^2 - 1}) = -\ln(x + \sqrt{x^2 - 1})$:

RHS = $\ln\left(\frac{1}{x + \sqrt{x^2 - 1}}\right) = \ln\left(\frac{x - \sqrt{x^2 - 1}}{x^2 - (x^2 - 1)}\right) = \ln(x - \sqrt{x^2 - 1})$, as required

Derive an expression for $\operatorname{arsinh}(a)$ in the form $\ln b$

[Derive an expression for $\operatorname{arsinh}(a)$ in the form $\ln b$]

Solution

Let $x = \operatorname{arsinh}(a)$, so that $\sinh x = a$

$$\text{and } \frac{1}{2}(e^x - e^{-x}) = a$$

$$\text{Then } \frac{1}{2}(e^{2x} - 1) = ae^x$$

$$\text{and } e^{2x} - 2ae^x - 1 = 0,$$

$$\text{so that } e^x = \frac{2a \pm \sqrt{4a^2 + 4}}{2} = a + \sqrt{a^2 + 1} \quad (\text{rejecting the negative root})$$

$$\text{Thus } \operatorname{arsinh}(a) = \ln(a + \sqrt{a^2 + 1})$$

(noting that $a + \sqrt{a^2 + 1} > 0$)

$$[\text{Note that } \operatorname{arsinh}\left(\frac{x}{a}\right) = \ln\left(\frac{x}{a} + \sqrt{\left(\frac{x}{a}\right)^2 + 1}\right)]$$

$$= \ln\left(\frac{x + \sqrt{x^2 + a^2}}{a}\right) = \ln(x + \sqrt{x^2 + a^2}) - \ln a$$

In the formulae booklets, $\int \frac{1}{\sqrt{a^2 + x^2}} dx$ is often given as

" $\operatorname{arsinh}\left(\frac{x}{a}\right)$ or $\ln(x + \sqrt{x^2 + a^2})$ " but, as we've just seen, these two expressions differ by a constant.]

What is the domain of $\operatorname{artanh}\left(\frac{x}{2}\right)$?

[What is the domain of $\operatorname{artanh}\left(\frac{x}{2}\right)$?]

Solution

$$\tanh x = \frac{\sinh x}{\cosh x} = \frac{e^x - e^{-x}}{e^x + e^{-x}} = \frac{e^{2x} - 1}{e^{2x} + 1} = \frac{e^{2x} + 1}{e^{2x} + 1} - \frac{2}{e^{2x} + 1} = 1 - \frac{2}{e^{2x} + 1}$$

Thus $-1 < \tanh x < 1$ (as $x \rightarrow -\infty$ & ∞)

As $\operatorname{artanh} x$ is the inverse of $\tanh x$, the domain of $\operatorname{artanh} x$ is the range of $\tanh x$; ie $(-1, 1)$.

Thus the domain of $\operatorname{artanh}\left(\frac{x}{2}\right)$ satisfies $-1 < \frac{x}{2} < 1$;

ie $-2 < x < 2$

Show that $\operatorname{arcoth} x = \frac{1}{2} \ln \left(\frac{1+x}{x-1} \right) \quad (|x| > 1)$

[Show that $\operatorname{arcoth} x = \frac{1}{2} \ln \left(\frac{1+x}{x-1} \right)$ ($|x| > 1$)]

Solution

If $y = \operatorname{arcoth} x$, then $\operatorname{coth} y = x$ ($|x| > 1$)

$$\Rightarrow x = \frac{\frac{1}{2}(e^y + e^{-y})}{\frac{1}{2}(e^y - e^{-y})} = \frac{e^{2y} + 1}{e^{2y} - 1}$$

$$\Rightarrow x(e^{2y} - 1) = e^{2y} + 1$$

$$\Rightarrow e^{2y}(x - 1) = 1 + x$$

$$\Rightarrow e^{2y} = \frac{1+x}{x-1}$$

$$\Rightarrow y = \frac{1}{2} \ln \left(\frac{1+x}{x-1} \right) \quad (|x| > 1)$$

Alternative Method

If $\operatorname{artanh} x = \frac{1}{2} \ln \left(\frac{1+x}{1-x} \right)$ ($|x| < 1$) has been established:

If $y = \operatorname{arcoth} x$, then $\operatorname{coth} y = x$

$$\Rightarrow \tanh y = \frac{1}{x},$$

$$\text{and hence } y = \operatorname{artanh} \left(\frac{1}{x} \right) = \frac{1}{2} \ln \left(\frac{1+\frac{1}{x}}{1-\frac{1}{x}} \right) = \frac{1}{2} \ln \left(\frac{x+1}{x-1} \right)$$

- (i) Use $\operatorname{artanh} x = \frac{1}{2} \ln \left(\frac{1+x}{1-x} \right)$ to show that $\frac{d}{dx} \operatorname{artanh} x = \frac{1}{1-x^2}$
- (ii) Use $\operatorname{arcoth} x = \frac{1}{2} \ln \left(\frac{1+x}{x-1} \right)$ to show that $\frac{d}{dx} \operatorname{arcoth} x = \frac{1}{1-x^2}$ also

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(ii) Use $\operatorname{arcoth} x = \frac{1}{2} \ln \left(\frac{1+x}{x-1} \right)$ to show that $\frac{d}{dx} \operatorname{arcoth} x = \frac{1}{1-x^2}$ also]

Solution

$$(i) \frac{d}{dx} \operatorname{artanh} x = \frac{1}{2} \cdot \frac{1-x}{1+x} \cdot \frac{(1-x) - (1+x)(-1)}{(1-x)^2}$$

$$= \frac{1}{2} \cdot \frac{2}{(1+x)(1-x)} = \frac{1}{1-x^2}$$

$$(ii) \frac{d}{dx} \operatorname{arcoth} x = \frac{1}{2} \cdot \frac{x-1}{1+x} \cdot \frac{(x-1) - (1+x)}{(x-1)^2}$$

$$= \frac{1}{2} \cdot \frac{-2}{(1+x)(x-1)} = \frac{1}{1-x^2}$$

(i) Show that $\operatorname{arcoth} x = \operatorname{artanh} \left(\frac{1}{x} \right)$

(ii) Find $f(x)$ such that $\operatorname{arcosh} x = \operatorname{arsinh}(f(x))$

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Solution

(i) Let $y = \operatorname{arcoth} x$, so that $\coth y = x$

$$\Rightarrow \tanh y = \frac{1}{x}$$

$$\Rightarrow y = \operatorname{artanh} \left(\frac{1}{x} \right)$$

(ii) Let $y = \operatorname{arcosh} x$, so that $\cosh y = x$

$$\Rightarrow \sinh y = \sqrt{x^2 - 1}$$

$$\Rightarrow y = \operatorname{arsinh}(\sqrt{x^2 - 1}) ; \text{ ie } f(x) = \sqrt{x^2 - 1}$$

Given that $\operatorname{arcosh} x = \ln(x + \sqrt{x^2 - 1})$, show that if $\cosh a = b$ then $a = \ln(b \pm \sqrt{b^2 - 1})$

[Given that $\operatorname{arcosh} x = \ln(x + \sqrt{x^2 - 1})$, show that if $\cosh a = b$ then $a = \ln(b \pm \sqrt{b^2 - 1})$]

Solution

$$\cosh a = b \Rightarrow a = \pm \operatorname{arcosh} b = \pm \ln(b + \sqrt{b^2 - 1})$$

$$\text{And } -\ln(b + \sqrt{b^2 - 1}) = \ln\left(\frac{1}{b + \sqrt{b^2 - 1}}\right) = \ln\left(\frac{b - \sqrt{b^2 - 1}}{b^2 - (b^2 - 1)}\right)$$

$$= \ln(b - \sqrt{b^2 - 1})$$

$$\text{so that } \pm \ln(b + \sqrt{b^2 - 1}) = \ln(b \pm \sqrt{b^2 - 1})$$

Write $\ln a$ in the form $\operatorname{arsinh}(f(a))$, where $f(a)$ is some expression in terms of a .

[Write $\ln a$ in the form $\operatorname{arsinh}(f(a))$, where $f(a)$ is some expression in terms of a .]

Solution

Writing $\ln a = \operatorname{arsinh}(b)$,

$$\sinh(\ln a) = b, \text{ and so } b = \frac{1}{2}(e^{\ln a} - e^{-\ln a}) = \frac{1}{2}\left(a - \frac{1}{a}\right),$$

and thus $\ln a = \operatorname{arsinh}\left[\frac{1}{2}\left(a - \frac{1}{a}\right)\right]$, for $a > 0$

Simplify $\sinh(\cosh^{-1}2)$

[Simplify $\sinh (\cosh^{-1} 2)$]

Solution

Let $\cosh^{-1} 2 = a (> 0)$,

so that $2 = \cosh a$

Then $\sinh a = +\sqrt{\cosh^2 a - 1}$ [as $a > 0$]

$$= \sqrt{3}$$

Given that $\operatorname{artanh} x = \frac{1}{2} \ln \left(\frac{1+x}{1-x} \right)$ and $\operatorname{arcoth} x = \frac{1}{2} \ln \left(\frac{1+x}{x-1} \right)$,

and also that $\frac{d}{dx} (\operatorname{artanh} x) = \frac{d}{dx} (\operatorname{arcoth} x) = \frac{1}{1-x^2}$,

what is wrong with the following reasoning?

$$\int \frac{1}{1-x^2} dx = \operatorname{artanh} x + C = \operatorname{arcoth} x + C_1,$$

so that $\operatorname{artanh} x - \operatorname{arcoth} x = C_2$

$$\text{But } \operatorname{artanh} x - \operatorname{arcoth} x = \frac{1}{2} \ln \left(\frac{\left(\frac{1+x}{1-x} \right)}{\left(\frac{1+x}{x-1} \right)} \right) = \frac{1}{2} \ln \left(\frac{x-1}{1-x} \right) = \frac{1}{2} \ln (-1),$$

which isn't defined!

[Given that $\operatorname{artanh} x = \frac{1}{2} \ln \left(\frac{1+x}{1-x} \right)$ and $\operatorname{arcoth} x = \frac{1}{2} \ln \left(\frac{1+x}{x-1} \right)$,

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$$\text{But } \operatorname{artanh} x - \operatorname{arcoth} x = \frac{1}{2} \ln \left(\frac{\left(\frac{1+x}{1-x} \right)}{\left(\frac{1+x}{x-1} \right)} \right) = \frac{1}{2} \ln \left(\frac{x-1}{1-x} \right) = \frac{1}{2} \ln (-1),$$

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Solution

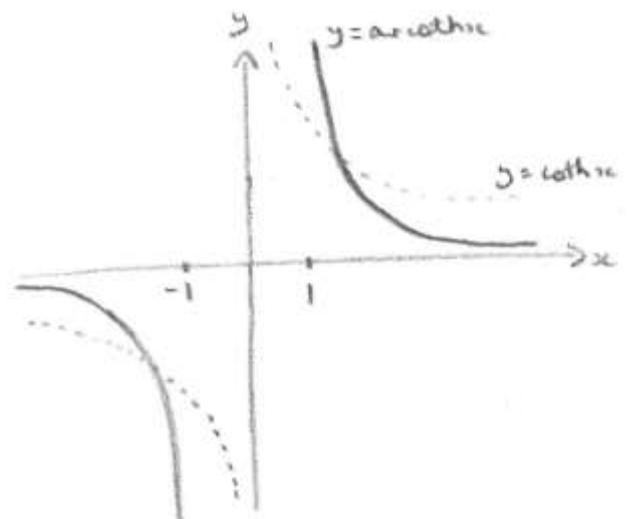
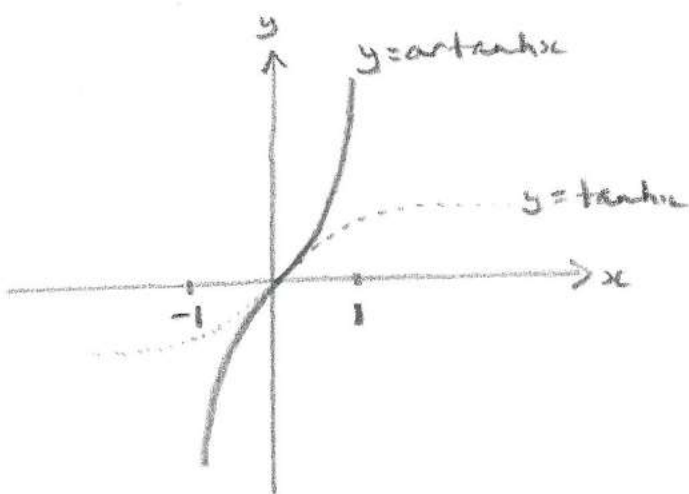
The problem is that the domains of $y = \operatorname{artanh} x$ and

$y = \operatorname{arcoth} x$ don't overlap (see graphs below). We ought to say

that $\operatorname{artanh} x = \frac{1}{2} \ln \left(\frac{1+x}{1-x} \right)$ for $|x| < 1$ and $\operatorname{arcoth} x = \frac{1}{2} \ln \left(\frac{1+x}{x-1} \right)$

for $|x| > 1$. So it doesn't make sense to determine

$\operatorname{artanh} x - \operatorname{arcoth} x$



Note that, with $|x| < 1$, $\frac{d}{dx}(\operatorname{artanh} x) = \frac{1}{1-x^2} > 0$ for all x ; whilst

with $|x| > 1$, $\frac{d}{dx}(\operatorname{arcoth} x) = \frac{1}{1-x^2} < 0$ for all x

Simplify $\sinh(\operatorname{arcosh} x)$ & $\cosh(\operatorname{arsinh} x)$

[Simplify $\sinh(\operatorname{arcosh} x)$ & $\cosh(\operatorname{arsinh} x)$]

Solution

$$\begin{aligned}
 \sinh(\operatorname{arcosh} x) &= \sinh(\ln(x + \sqrt{x^2 - 1})) \\
 &= \frac{1}{2} \left([x + \sqrt{x^2 - 1}] - \left[\frac{1}{x + \sqrt{x^2 - 1}} \right] \right) \\
 &= \frac{1}{2} \left([x + \sqrt{x^2 - 1}] - \left[\frac{1}{x + \sqrt{x^2 - 1}} \right] \left[\frac{x - \sqrt{x^2 - 1}}{x - \sqrt{x^2 - 1}} \right] \right) \\
 &= \frac{1}{2} \left([x + \sqrt{x^2 - 1}] - \frac{[x - \sqrt{x^2 - 1}]}{1} \right) \\
 &= \sqrt{x^2 - 1}
 \end{aligned}$$

$$\begin{aligned}
 \cosh(\operatorname{arsinh} x) &= \cosh(\ln(x + \sqrt{x^2 + 1})) \\
 &= \frac{1}{2} \left([x + \sqrt{x^2 + 1}] + \left[\frac{1}{x + \sqrt{x^2 + 1}} \right] \right) \\
 &= \frac{1}{2} \left([x + \sqrt{x^2 + 1}] + \left[\frac{1}{x + \sqrt{x^2 + 1}} \right] \left[\frac{x - \sqrt{x^2 + 1}}{x - \sqrt{x^2 + 1}} \right] \right) \\
 &= \frac{1}{2} \left([x + \sqrt{x^2 + 1}] + \frac{[x - \sqrt{x^2 + 1}]}{-1} \right) \\
 &= \sqrt{x^2 + 1}
 \end{aligned}$$

Given that $\sinh x = \tanh y$, where $-\frac{\pi}{2} < y < \frac{\pi}{2}$, show that

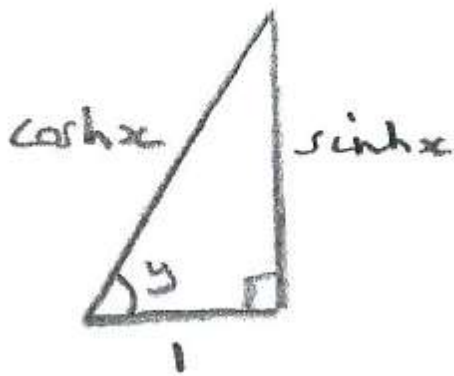
(a) $\tanh x = \sin y$ (b) $x = \ln (\tanh y + \sec y)$

[Given that $\sinh x = \tanh y$, where $-\frac{\pi}{2} < y < \frac{\pi}{2}$, show that

(a) $\tanh x = \sin y$ (b) $x = \ln(\tanh y + \sec y)$]

Solution

(a) As $\sinh x = \tanh y$, we can construct a right-angled triangle (see diagram below), where the hypotenuse is $\cosh x$, as $\sinh^2 x + 1 = \cosh^2 x$.



Then $\sin y = \frac{\sinh x}{\cosh x} = \tanh x$, as required.

Alternatively: $\tanh x = \frac{\sinh x}{\cosh x} = \frac{\tanh y}{\sqrt{1 + \sinh^2 x}}$

(from $\sinh^2 x + 1 = \cosh^2 x$, noting that $\cosh x$ is always positive, so that we take the positive square root)

$$= \frac{\tanh y}{\sqrt{1 + \tanh^2 y}} = \frac{\tanh y}{\sqrt{\sec^2 y}} = \frac{\tanh y}{\sec y}$$

(as $\cos y > 0$ when $-\frac{\pi}{2} < y < \frac{\pi}{2}$, and hence $\sec y > 0$ also)

$$= \tanh y \cos y = \sin y$$

(b) From the right-angled triangle,

$$\tanh y + \sec y = \sinh x + \cosh x$$

$$= \frac{1}{2}(e^x - e^{-x}) + \frac{1}{2}(e^x + e^{-x}) = e^x,$$

so that $\ln(\tany + \secy) = x$, as required.

Alternatively: $\sinh x = \tany \Rightarrow \frac{1}{2}(e^x - e^{-x}) = \tany$

$$\Rightarrow e^{2x} - 1 = 2\tany e^x$$

$$\Rightarrow e^{2x} - 2\tany e^x - 1 = 0$$

$$\Rightarrow e^x = \frac{2\tany \pm \sqrt{4\tan^2 y + 4}}{2} = \tany \pm \secy$$

$$\tany - \secy = \frac{\sin y - 1}{\cos y} < 0 \text{ when } -\frac{\pi}{2} < y < \frac{\pi}{2}$$

Hence, as $e^x > 0$, it follows that $e^x = \tany + \secy$,

and hence $x = \ln(\tany + \secy)$, as required.