

Energy (5 pages; 26/1/19)

See also: Hooke's Law

(1) Types of EnergyMechanical

Kinetic

Potential

Gravitational

Elastic

Non-mechanical

Heat

Sound

Light

Electrical

Chemical

Nuclear

A 'conservative' force is one for which mechanical energy is conserved; ie energy is swapped between kinetic and potential energy.

Friction is an example of a non-conservative (or 'dissipative') force.

(2) Conservation of Energy and the Work-Energy principle

The principle of Conservation of Energy states that $KE + PE = \text{constant}$, provided that there are no external forces other than the forces giving rise to the PE (such as gravity or the tension in a spring etc.) Potential energy is the work expected to be done by a force, and any work done by gravity or the tension in the spring can be ignored, because it is already included in the change in PE (see Example 1 below).

The Work-Energy principle can be used when there are other external forces. It states that the total work done by all forces acting on an object = increase in the object's KE (see (iii) below). This total work should include any work done by gravity or the tension in a spring because this time the PE is not being included in the energy.

Sometimes there is a choice between using either the principle of Conservation of Energy or the Work-Energy principle, as shown by the following examples.

Example 1: Object sliding down a smooth slope; starting from rest and finishing at speed v . The object falls through a vertical height of h .

CoE: 0 (initial KE) + mgh (initial PE) = $\frac{1}{2}mv^2$ (final KE) + 0 (final PE)

WE: $mg \times h$ (work done by gravity) = $\frac{1}{2}mv^2$ (increase in KE)

Example 2: A cyclist rides downhill, doing 1000J of work against friction. His starting speed is u and his finishing speed is v . He moves through a vertical height of h .

CoE: can't be used, as there is an external force other than gravity (ie the friction)

WE: $mg \times h$ (work done by gravity) - 1000 (work done by friction, opposing motion) = $\frac{1}{2}mv^2 - \frac{1}{2}mu^2$ (increase in KE)

[Note that we considering the work done on the cyclist, so that the work done by the cyclist against friction does not feature directly in the equation.]

Example 3: An object is lifted through a distance of h ; starting and finishing at rest.

CoE: can't be used, as there is an external force other than gravity

WE: $mg \times h$ (work done against gravity) + $mg \times (-h)$ (work done by gravity) = 0 (increase in KE)

(3) Derivation of the Work-Energy principle (showing why kinetic energy is in the form $\frac{1}{2} mv^2$)

(a) In the case of a constant force,

$$\begin{aligned} \text{Work} &= \text{Force} \times \text{distance moved (in the direction of the force)} \\ &= ma \cdot s \end{aligned}$$

Then the suvat equation $v^2 = u^2 + 2as \Rightarrow$

$$\text{Work} = m \cdot \frac{1}{2} (v^2 - u^2) = \frac{1}{2} mv^2 - \frac{1}{2} mu^2$$

(b) In the case of a variable force,

$\text{Work} = \int_a^b F(s) ds$, where a and b represent the start and end points (the integral is the limit of $\sum_a^b F(s) \cdot \delta s$; ie force \times small distance, summed; the force is written as $F(s)$ to show that it is a function of the position)

Now, Newton's 2nd Law, $F = ma$ can be written as $F = m \cdot \frac{dv}{dt}$

$$\text{and } \frac{dv}{dt} = \frac{dv}{ds} \cdot \frac{ds}{dt} = \frac{dv}{ds} \cdot v, \text{ so that } F = mv \frac{dv}{ds}$$

$$\text{Hence, } F(s) ds = mv \cdot \frac{dv}{ds} ds = mv dv$$

and $\text{Work} = \int_{v_a}^{v_b} mv dv$ (where v_a & v_b are the speeds at positions a & b respectively)

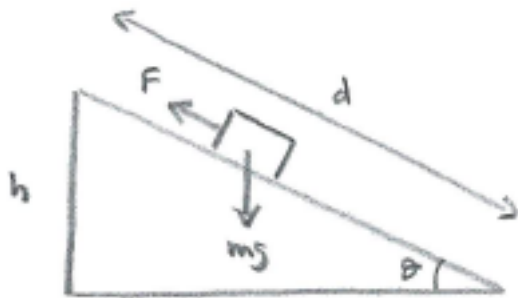
$$= \left[\frac{1}{2} m v^2 \right]_{v_a}^{v_b} = \frac{1}{2} m v_b^2 - \frac{1}{2} m v_a^2$$

(4) Exercise

An object starts at rest and slides a distance d down a slope, against a frictional force F , as shown in the diagram. Find an expression for the final speed v :

(a) using the work-energy principle

(b) using conservation of energy, modified to take account of the friction



Solution

(a) By the work-energy principle, the gain in KE is equal to the work done by all the forces.

Work done by friction = $-Fd$ (as the force is in the opposite direction to the motion)

Work done by gravity = $(mg \sin \theta)d$, where $mg \sin \theta$ is the component of gravity in the direction of motion

$$= mgh$$

[**Note:** This can also be thought of as: the force (mg) \times the distance moved in the direction of the force (h)]

$$\text{Then } \frac{1}{2}mv^2 - 0 = mgh - Fd$$

$$\text{and so } v = \sqrt{2gh - \frac{2Fd}{m}}$$

(b) Modifying the principle of conservation of energy,

initial KE of object + initial PE of object + work done on object

= final KE of object + final PE of object

$$\text{So } 0 + mgh - Fd = \frac{1}{2}mv^2 + 0,$$

so that $\frac{1}{2}mv^2 = mgh - Fd$, as before

Note: the $-Fd$ can alternatively be thought of as the energy lost by the object in doing work against friction.