$$
\sum_{r=1}^{n} r(r!)=(n+1)!-1
$$

Solution
[Show that the result is true for $n=1$ ]
Now assume that the result is true for $n=k$, so that
$\sum_{r=1}^{k} r(r!)=(k+1)!-1$
Then $\sum_{r=1}^{k+1} r(r!)=(k+1)!-1+(k+1)(k+1)$ !
$=(k+1)!(k+2)-1=(k+2)!-1$
$=([k+1]+1)!-1$
[Standard wording]

