[The following approach is given in case you "failed to notice the obvious result that $\frac{1}{t} = \sqrt{x^2 + 1} - x$ " (or why it might be needed) (Examiners' Report). See alternative method later on.]

Let
$$t = x + \sqrt{1 + x^2}$$

so that
$$dt = \left[1 + \frac{1}{2}(1 + x^2)^{-\frac{1}{2}}(2x)\right]dx$$

$$x = 0 \Rightarrow t = 1; x = \infty \Rightarrow t = \infty$$

So
$$\int_0^\infty f(x + \sqrt{1 + x^2}) dx = \int_1^\infty \frac{f(t)}{1 + x(1 + x^2)^{-\frac{1}{2}}} dt$$

$$\frac{1}{1+x(1+x^2)^{-\frac{1}{2}}} = \frac{\sqrt{1+x^2}}{\sqrt{1+x^2}+x}$$

[the idea now is to 'force' this expression into the form $\frac{1}{2}(1+\frac{1}{t^2})$]

$$= \left(\frac{1}{2}\right) \frac{2\sqrt{1+x^2}}{\sqrt{1+x^2}+x} = \left(\frac{1}{2}\right) \frac{(\sqrt{1+x^2}+x+\sqrt{1+x^2}-x)}{\sqrt{1+x^2}+x}$$

$$= \left(\frac{1}{2}\right) \left(1 + \frac{\sqrt{1+x^2}-x}{\sqrt{1+x^2}+x}\right) = \left(\frac{1}{2}\right) \left(1 + \frac{(\sqrt{1+x^2}-x)(\sqrt{1+x^2}+x)}{t^2}\right)$$

$$= \left(\frac{1}{2}\right) \left(1 + \frac{(1+x^2)-x^2}{\sqrt{1+x^2}+x}\right) = \left(\frac{1}{2}\right) \left(1 + \frac{(\sqrt{1+x^2}-x)(\sqrt{1+x^2}+x)}{t^2}\right)$$

$$= \left(\frac{1}{2}\right) \left(1 + \frac{(1+x^2)-x^2}{t^2}\right)$$

$$= \left(\frac{1}{2}\right) \left(1 + \frac{1}{t^2}\right)$$

and hence
$$\int_{1}^{\infty} \frac{f(t)}{1+x(1+x^2)^{-\frac{1}{2}}} dt = \frac{1}{2} \int_{1}^{\infty} \left(1 + \frac{1}{t^2}\right) f(t) dt$$
, as required

Alternative method

The 'obvious' result mentioned in the Hints & Answers and Examiners' Report is used to make *x* the subject of the relation

 $t = x + \sqrt{1 + x^2}$. This can also be done as follows:

$$t - x = \sqrt{1 + x^2} \Rightarrow (t - x)^2 = 1 + x^2$$

$$\Rightarrow t^2 - 2tx = 1$$

$$\Rightarrow x = \frac{t^2 - 1}{2t} = \frac{t}{2} - \frac{1}{2t}$$

This gives $dx = \left(\frac{1}{2} + \frac{1}{2t^2}\right)dt = \left(\frac{1}{2}\right)(1 + \frac{1}{t^2})dt$, from which the required result follows.

Noting that $(x + \sqrt{1 + x^2})^2 = 2x^2 + 1 + 2x\sqrt{x^2 + 1}$,

We have $f(t) = \frac{1}{t^2}$ and so

$$\int_0^\infty \frac{1}{2x^2 + 1 + 2x\sqrt{x^2 + 1}} dx = \frac{1}{2} \int_1^\infty (1 + \frac{1}{t^2}) \frac{1}{t^2} dt$$

$$= \frac{1}{2} \int_{1}^{\infty} \frac{1}{t^{2}} + \frac{1}{t^{4}} dt = \frac{1}{2} \left[-\frac{1}{t} - \frac{1}{3t^{3}} \right]_{1}^{\infty}$$

$$=\frac{1}{2}\left(0-\left[-1-\frac{1}{3}\right]\right)=\frac{1}{2}\cdot\frac{4}{3}=\frac{2}{3}$$

Let
$$J = \int_0^{\frac{\pi}{2}} \frac{1}{(1+\sin\theta)^3} d\theta$$
 and $x = \tan\theta$

Then $dx = sec^2\theta \ d\theta$, so that $d\theta = \frac{1}{1+x^2} dx$

and
$$sin\theta = \sqrt{1 - \frac{1}{sec^2\theta}} = \sqrt{1 - \frac{1}{1+x^2}} = \sqrt{\frac{x^2}{1+x^2}} = \frac{x}{\sqrt{1+x^2}}$$

Also, when $\theta = 0$, x = 0 and when $\theta = \frac{\pi}{2}$, $x = \infty$

Then
$$J = \int_0^\infty \frac{(1+x^2)^{\frac{3}{2}}}{(1+x^2)(\sqrt{1+x^2}+x)^3} dx = \int_0^\infty \frac{\sqrt{1+x^2}}{(\sqrt{1+x^2}+x)^3} dx$$

[The integrand now needs to be expressed as a function of t]

From the alternative method above, $x = \frac{t^2 - 1}{2t}$,

so that
$$\sqrt{1+x^2} = t - x = t - \frac{t^2-1}{2t} = \frac{2t^2-t^2+1}{2t} = \frac{t^2+1}{2t}$$

Then
$$J = \int_0^\infty \frac{t^2+1}{2t^4} dx = \frac{1}{2} \int_1^\infty \left(1 + \frac{1}{t^2}\right) \left(\frac{t^2+1}{2t^4}\right) dt$$

$$= \frac{1}{4} \int_{1}^{\infty} t^{-2} + t^{-4} + t^{-4} + t^{-6} dt$$

$$= \frac{1}{4} \left[\frac{t^{-1}}{-1} + \frac{2t^{-3}}{-3} + \frac{t^{-5}}{-5} \right]_{1}^{\infty}$$

$$= \frac{1}{4} \left(0 - \left[-1 - \frac{2}{3} - \frac{1}{5} \right] \right)$$

$$= \frac{1}{4} \left(1 + \frac{2}{3} + \frac{1}{5} \right) = \frac{1}{60} (15 + 10 + 3) = \frac{28}{60} = \frac{7}{15}$$