Let X be the number of supermarkets in a circular region of radius y, so that $X \sim Po(k\pi y^2)$

$$P(X=0) = e^{-k\pi y^2}$$

Consider a circle of radius y about the chosen point.

$$P(Y < y) = 1 - P(Y > y) = 1 - P(X = 0) = 1 - e^{-k\pi y^2}$$

[This is the cumulative distribution function of Y]

pdf of Y =
$$\frac{d}{dy}$$
 $\left(1 - e^{-k\pi y^2}\right) = 2\pi y k e^{-\pi k y^2}$, as required

$$E(Y) = \int_0^\infty y(2\pi y k e^{-\pi k y^2}) dy$$

Integrating by Parts, $\int 2\pi y k e^{-\pi k y^2} dy = -e^{-\pi k y^2}$,

so that
$$E(Y) = [y(-e^{-\pi ky^2})]_0^{\infty} - \int_0^{\infty} -e^{-\pi ky^2} dy$$

$$= (0-0) + \int_0^\infty e^{-\pi k y^2} dy$$

We are given that
$$\int_0^\infty e^{-\frac{x^2}{2}} dx = \sqrt{\frac{\pi}{2}}$$

Let
$$x = y\sqrt{2\pi k}$$

Then
$$dx = dy\sqrt{2\pi k}$$
 and $\int_0^\infty e^{-\frac{x^2}{2}}dx = \sqrt{2\pi k}\int_0^\infty e^{-\pi ky^2}dy$,

so that
$$E(Y) = \frac{\sqrt{\frac{\pi}{2}}}{\sqrt{2\pi k}} = \frac{1}{2\sqrt{k}}$$

$$Var(X) = E(Y^2) - [E(Y)]^2$$

$$E(Y^2) = \int_0^\infty y^2 (2\pi y k e^{-\pi k y^2}) dy$$

By Parts again,
$$E(Y^2) = [y^2(-e^{-\pi k y^2})]_0^{\infty} - \int_0^{\infty} -2ye^{-\pi k y^2} dy$$

$$= (0-0) + \frac{1}{\pi k} \int_0^\infty 2\pi y k e^{-\pi k y^2} dy = \frac{1}{\pi k}$$
, as $2\pi y k e^{-\pi k y^2}$ is the pdf

So
$$Var(Y) = \frac{1}{\pi k} - \left(\frac{1}{2\sqrt{k}}\right)^2 = \frac{4-\pi}{4\pi k}$$
, as required