

## Integration Ideas (STEP) (5 pages; 17/7/23)

Refer to Pure: "Integration Methods" first.

(1) The standard substitution method is to write an integral in the form  $\int f(x)h(g(x)) dx$ , where  $\int f(x)dx = g(x)$ , and then the substitution  $u = g(x)$  will work, provided that  $h(u)$  can be integrated.

In some cases it may be easier to spot a derivative, rather than an

integral. For example,  $\int \sec x(\sec x + \tan x)^n dx$

$$= \int (\sec x + \tan x)^{n-1}(\sec^2 x + \sec x \tan x) dx$$

$$= \frac{1}{n}(\sec x + \tan x)^n (+c)$$

[Note that the term  $(\sec x + \tan x)^{n-1}$  is bound to be the  $h(g(x))$ , so we need to be looking out for  $\frac{d}{dx}(\sec x + \tan x)$ ]

(2) It might be possible to rearrange an integrand into the form

$f(x)g'(x) + f'(x)g(x) + h(x)$ , where  $h(x)$  can be integrated

easily, in which case  $\int f(x)g'(x) + f'(x)g(x) dx = f(x)g(x)$

[from the product rule for differentiation, or integration by parts]

Example:  $\int 2\sqrt{1+x^3} + \frac{3x^3}{\sqrt{1+x^3}} dx$

$$\int 2\sqrt{1+x^3} dx = 2x\sqrt{1+x^3} - \int 2x \cdot \frac{\frac{1}{2}(3x^2)}{\sqrt{1+x^3}} dx \quad (\text{by Parts}),$$

$$\text{so that } \int 2\sqrt{1+x^3} + \frac{3x^3}{\sqrt{1+x^3}} dx = 2x\sqrt{1+x^3} + c$$

(3) Questions that can be written in the form “Show that

$\int_a^b f(x)dx = g(b) - c$ ” may be tackled by establishing that

$\frac{d}{dx}g(x) = f(x)$  and that  $g(a) = c$  (where typically  $a$  might equal 0).

(4) To find  $\int f(x)dx = g(x)$ , it might be the case that  $g(x)$  appears in a previous part of a question. Differentiate  $g(x)$  to see if this is the case. [See STEP 2016, P2, Q7(iv)]

(5)  $u = 1/x$  is a potentially useful substitution

**Example:**  $I = \int \frac{1}{x\sqrt{1-x^2}} dx$

Let  $u = 1/x$  so that  $du = -1/x^2 dx$  and  $dx = -x^2 du$ ,

so that  $I = -\int \frac{ux^2}{\sqrt{1-\frac{1}{u^2}}} du = -\int \frac{u^2 x^2}{\sqrt{u^2-1}} du$

$= -\int \frac{1}{\sqrt{u^2-1}} du = -\operatorname{arcosh} u = -\operatorname{arcosh}(1/x)$

(6) Substitutions in definite integrals

Look for a substitution that reverses the limits (and then take advantage of the fact that  $\int_a^b f(x)dx = -\int_b^a f(x)dx$ ).

(i)  $\int_0^\infty f(x)dx$  : When  $u = \frac{1}{x}$ ,  $\int_0^\infty \rightarrow \int_\infty^0$

(ii)  $\int_0^a f(x)dx$  : When  $u = a - x$ ,  $\int_0^a \rightarrow \int_a^0$

**Example** (from STEP 2015, P3, Q1)

$$I = \int_0^{\infty} f\left(x + \frac{1}{x}\right) dx, \quad J = \int_0^{\infty} \frac{1}{x^2} f\left(x + \frac{1}{x}\right) dx$$

Let  $u = \frac{1}{x}$ , so that  $du = -\frac{1}{x^2} dx$

$$\text{Then } J = \int_{\infty}^0 f\left(\frac{1}{u} + u\right) (-du) = \int_0^{\infty} f\left(u + \frac{1}{u}\right) du = I$$

[Note that  $x + \frac{1}{x} \rightarrow \frac{1}{u} + u$ ]

(7) Inequalities of the form  $\int_a^{\lambda} f(x) dx > g(\lambda)$  can sometimes be proved by rewriting  $g(\lambda)$  as  $\int_a^{\lambda} h(x) dx$  (by differentiating  $g(x)$  to obtain  $h(x)$ , if  $g(a) = 0$ ) and then showing that

$\int_a^{\lambda} f(x) - h(x) dx > 0$ , by rearranging  $f(x) - h(x)$  into an expression that is positive for  $a < x < \lambda$

(8) When manipulating an inequality involving an integral, it may be possible to simplify the integrand, as shown in the following example:

$$\int_0^{\lambda} (\sec x \cos \lambda + \tan x)^n dx < \int_0^{\lambda} (\sec x \cos x + \tan x)^n dx,$$

as  $x < \lambda \Rightarrow \cos x > \cos \lambda$  (given that  $0 < \lambda < \frac{\pi}{2}$ ),

$$= \int_0^{\lambda} (1 + \tan x)^n dx$$

[See STEP 2021, P3, Q3]

(9) Alternative substitutions

$\sec \theta$  can often be used instead of  $\cosh x$ , and  $\tan \theta$  instead of  $\sinh x$ .

$$(10) \int \sin(mx) \cos(nx) dx = \frac{1}{2} \int \sin(m+n)x + \sin(m-n)x dx$$

(11)  $t = \tan\left(\frac{x}{2}\right)$  substitution

The substitution  $t = \tan\left(\frac{x}{2}\right)$  is usually a method of last resort: it can convert an integrand involving trig. functions to one involving polynomial expressions.

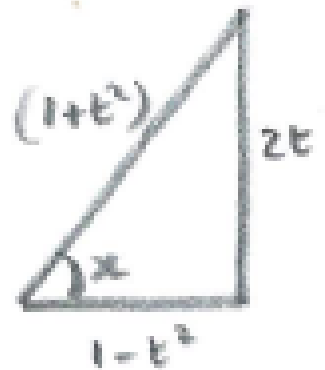
$$t = \tan\left(\frac{x}{2}\right) \Rightarrow \tan x = \frac{2t}{1-t^2}$$

Referring to the right-angled triangle shown,

$$\text{the hypotenuse} = \sqrt{(1-t^2)^2 + 4t^2}$$

$$= \sqrt{1 + 2t^2 + t^4} = 1+t^2 \quad (\text{conveniently})$$

$$\frac{dt}{dx} = \sec^2\left(\frac{x}{2}\right) \cdot \frac{1}{2}, \text{ so that } \frac{dx}{dt} = \frac{2}{\sec^2\left(\frac{x}{2}\right)} = \frac{2}{1+t^2}$$



$$\text{Example: } \int \sec x dx = \int \frac{1+t^2}{1-t^2} \cdot \frac{2}{1+t^2} dt = 2 \int \frac{1}{1-t^2} dt$$

$$= \int \frac{1}{1-t} + \frac{1}{1+t} dt = -\ln|1-t| + \ln|1+t| = \ln\left|\frac{1+t}{1-t}\right| = \ln\left|\frac{1+2t+t^2}{1-t^2}\right|$$

$$= \ln\left|\frac{1+t^2}{1-t^2} + \frac{2t}{1-t^2}\right| = \ln|\sec x + \tan x|$$

$$(12) \int_{-a}^a f(-x) dx = \int_{-a}^a f(x) dx$$

**Proof**

Let  $u = -x$ , so that  $du = -dx$ , and

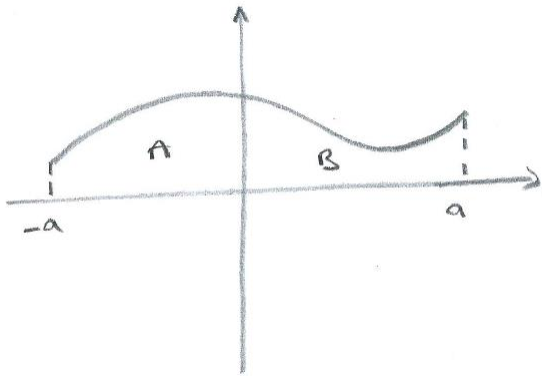
$$\int_{-a}^a f(-x) dx = \int_a^{-a} f(u)(-du) = \int_{-a}^a f(u) du = \int_{-a}^a f(x) dx$$

[Alternatively, considering the integral as an area under a curve, note that  $f(-x)$  is the reflection of  $f(x)$  about the  $y$ -axis, so that

$$\int_{-a}^0 f(-x) dx = B = \int_0^a f(x) dx \quad (\text{referring to the diagram below})$$

$$\text{and } \int_0^a f(-x) dx = A = \int_{-a}^0 f(x) dx,$$

$$\text{so that } \int_{-a}^a f(-x) dx = B + A = A + B = \int_{-a}^a f(x) dx$$



$$(13) \int_0^a f(a-x) dx = \int_0^a f(x) dx$$

### Proof

Let  $u = a - x$ , so that  $du = -dx$  and

$$\int_0^a f(a-x) dx = \int_a^0 f(u) (-du) = \int_0^a f(u) du = \int_0^a f(x) dx$$

[Note that  $f(a-x)$  is the reflection of  $f(x)$  about  $x = \frac{a}{2}$ .]

(14) To find  $\int \operatorname{cosech}^2 x dx$ , note that  $\frac{d}{dx}(\tanh x) = \operatorname{sech}^2 x$  and establish that  $\frac{d}{dx}(\coth x) = -\operatorname{cosech}^2 x$